

Week 7: 8/7-8/10

Week 8: 8/14-8/17

Week 9: 8/21-8/24

MEMBERS ONLY FOR ALL LEVELS/NO DROP-INS.

REGISTRATION LOCKS AT NOON ON WED FOR THE FOLLOWING WEEK

What Level Do I Sign Up For?

Level 1 (Must be aged 6 or older prior to starting Level 1 Junior Tennis) These players are new to tennis or have been playing consistently for a brief period of time. Basic techniques of ground strokes, volleys/overheads and serves are taught. Players are learning to rally. Students will learn the basic rules of tennis and proper court etiquette. Fun games related to tennis will be played as well as players beginning to play games of tennis. This class uses the Quickstart format along with 36-foot (red ball) and 60-foot (orange ball) courts.

## Level 2

Mastery of Level 1 skills; generally, players have been taking Junior classes for over two years (Note: Not Two Summers). Level 2 players are beginning to play points. They hit with directional control, rally and put serve into play consistently. The player uses topspin on their groundstrokes and spin on their serve. Beginning game strategy is discussed. This class uses both Quickstart (orange ball) and (green ball) tennis formats.

## Level 3

Player generally has been taking four+ years of tennis classes. They have mastered the skills of Level 2, are developing a complete game and can use all basic shots with a mechanically sound swing. They are beginning to play competitive tennis. They are starting to practice regularly away from junior tennis classes.

## Level 4

Player can hit with control, power and can vary spin. They play at least four USTA or UTR tournaments a year and/or junior varsity high school tennis and does at least 2 days off-court fitness training to supplement their tennis skills. Beginning to develop habits which a game style can be formed.

## Level 5

This class is for top challenger level players who are beginning to play champs division. They are dedicated advance juniors seeking to move to the next level of competition.