



Swim Team – Program Expectations

THESE EXPECTATIONS ARE IN ADDITION TO CLUB WIDE GUIDELINES

- **If you are feeling sick, you MUST stay home.** A brief questionnaire on symptoms at check-in each day should be expected by swim team participants.
- Coaches will start each week with clear expectations for the swimmers in their assigned group and start each day with safety reminders.
- Hard rules:
 - Masks (that fit your face appropriately) must be worn while entering and exiting the Edgebrook facility and while moving around on the pool deck (including going to the restroom).
 - 6 feet distancing at all times **with special attention to avoid unnecessary stoppage on the walls and constant spacing on the pool deck**
 - No high fives/physical contact
 - Students will be given ONE warning before parents are contacted and they are removed from programming
- Please arrive in your swimsuit and leave in your swimsuit
- The locker rooms on the pool deck will be open for restroom and handwashing ONLY. The only shower onsite will be on the pool deck.
- Same kids/groupings for the session, as much as possible
 - Edgebrook staff will put together similar skills, as possible, on the same practice session.
 - Personalities and friendships may also play into groupings to increase enjoyment for those kids who want to be together.
 - Coaching changes and interactions during the week will be kept at a minimum.

- The Edgebrook Swim team practices rain or shine.
- The pool deck is closed to spectators/parents at this time. We will be re-evaluating this policy as the season continues and state guidelines change.
 - Kids under the age of 10 who may be nervous or are new to the program can be accompanied through check-in during the first week of practice by one parent. Once practice begins, parents should exit the pool area.
 - We are restricted with our capacity numbers due to state COVID-19 guidelines at this time. We appreciate your understanding.
- Coaches will be instructing with masks or face shields on whenever possible.
- If it is impractical to do so and a life is believed to be in danger, lifeguards and coaches will not follow the mask/face shield or physical distancing guidelines. This could potentially increase risk of COVID-19 infection.
- Sanitizing materials are provided in multiple areas on the pool deck. Any equipment used (kickboards, pull buoys, etc) will be disinfected after use.
- Because our coaches are all busy disinfecting between practices, please do not talk or chat with them. If you have anything you would like to discuss, please email, text or call Coach Laura. Laura Halter, the Edgebrook Head Coach, is available via email at lkthalter@comcast.net.
- **If your child does not take instruction well and cannot adhere to social distancing guidelines while participating in programming at Edgebrook, they will be removed from the programming at your expense. Please, talk with your child about how they can best enjoy their class experience while maintaining distancing of 6 feet at all times.**



Where to go to check-in: Swim Team All Ages

- DO NOT CHECK IN AT THE EDGEBROOK FRONT OFFICE.
- Check-in will be through the side gate in front of the cabana starting 5 minutes before your scheduled practice time. Signage is posted for clarity.
- Practice times are designed with a 15-minute buffer to clear the pool facility and allow for staff to disinfect prior to the next practice.
- Please do not arrive or leave your vehicle more than 5 minutes prior to the start of your scheduled practice slot.
- The large gate leading into the parking lot will be open and is the exit point for swimmers.
- To help with our young swimmers and their families entering and exiting the parking lot, we ask that you park your car and walk your young swimmers toward the gate (while maintaining distance from other swimmers and families and with masks on) for check-in.
 - Please do not circle the lot multiple times.
 - We want the least amount of automobile traffic for the safety of our young members.





Swim Team

What to Bring

The Key:
Make your child self-sufficient while here for practice. Coaches can't physically provide assistance.

What to bring:

- Mask that fits your face correctly
- Swim Suit (on prior to arrival)
- Cap and goggles (for young swimmers, please have these items on prior to arrival as well. Because of distancing guidelines, coaches will not be able to assist.)
- Slip-off shoes
- Towel

Optional, but recommended items:

- Water bottle, if your swimmer uses one (enough water for the entire practice) – there is no water provided on the pool deck
- Parka (with locker rooms closed for changing, coming and leaving in a parka is a great way to keep your child warm)
- Small Bag to hold extra items
 - There is no lost and found on site. Does your child break goggle straps or caps often? Pack them an extra set to stay in their small swim bag.